



Evelyn "Cindy" D. Frost

MAY 10, 1945 - MAR 11, 2024



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McCALEB &
FUNERAL HOME
SACRED PARK CEMETERY
A Life Celebration Home

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Evelyn "Cindy" D. Frost

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Weslaco/Effingham, Ill- Evelyn "Cindy" D. Frost, a beloved wife, mother, and grandmother, has peacefully passed away at Knapp Medical Center after a courageous battle with cancer. Cindy was born in Chicago, Illinois, on May 10th, 1945, to Elmer and Evelyn D. (Hinz) Nichols. When Cindy was ten, the family moved to Dolton, Illinois (a suburb of Chicago). Shortly after that, Cindy met her soulmate, James Frost. It wasn't love at first sight, but the two teenagers fell in love about five years later. James and Cindy were married in 1965 and spent the rest of their lives together. Cindy and James raised their two boys in the suburbs of Chicago. James worked for Ford Motor Company, and Cindy dedicated many years of her life to being a unit secretary at St. James Hospital before retiring in 2001. After James retired in 2004, they were able to enjoy traveling. Cindy has always loved the outdoors, so most of their travel involved some outdoor adventure. They enjoyed the Canadian Rockies and the Columbia River, among others. One of Cindy's favorite vacations was the Dominican Republic, where she and James celebrated their 50th wedding anniversary. This particular trip was priceless, not only because James and Cindy also celebrated their 70th birthdays but also because their children and grandchildren were with them. Cindy's love for the outdoors eventually led the couple to spend winters in the sunny Rio Grande Valley, settling at Trails End in Weslaco. Over the past fifteen years, they have made great memories with new friends. In her leisure time, Cindy found joy in various hobbies and interests. She delighted in sewing and quilting, showcasing her creativity through beautiful creations. Additionally, she had a passion for bowling and golfing. Throughout her life, Cindy was known for her caring and devoted personality. She exemplified unwavering love for her family. Cindy was always the biggest advocate for her children and grandchildren. Her nurturing spirit extended beyond the walls of her home to those she encountered through her work at the hospital. Cindy is preceded



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in death by her parents, Elmer and Evelyn Nichols, and her sister, Tammy Cote. She is survived by her loving husband and lifelong partner, James Frost; their sons, James Frost (Heather) and David Frost (Kristine); her siblings, Glynda Burk (Richard "Rick") and Keith Nichols (Karen); brother-in-law Dennis Cote (Tammy's widower); grandchildren Jaime, Hayley, Peyton, Allyssa, and Ryan Frost; and numerous nieces and nephews. In lieu of flowers, contributions can be made to Make a Wish Foundation. <https://wish.org/>



Tribute Wall

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BH

Barb Hoene And Marge Heurman posted:

Our sympathy to Jim and family. We so enjoyed Cindy as a friend and member of our golf team. Prayers for your family .

May 31 at 2:10 PM

OC

Old Codger. posted:

To Jim,We at the Old Codgers have just learned of your great loss.We look forward to having you return to join us in at For way golf.

May 31 at 2:10 PM

BH

Barb Hoene And Marge Heurman posted:

Our sympathy to Jim and family. We so enjoyed Cindy as a friend and member of our golf team. Prayers for your family .

March 18 at 2:53 PM

JH

Joe And Dar Hinnenkamp posted:

Sorry for your loss. Hugs and prayers go out to Jim and his family . Cindy was a great card player and friend.

March 18 at 2:52 PM

JH

Joe And Dar Hinnenkamp posted:

Sorry for your loss. Hugs and prayers go out to Jim and his family . Cindy was a great card player and friend.

March 15 at 5:40 AM

BG

Betty Gross shared a photo to the **Tribute Wall** album.

Betty Gross has purchased Eco-Friendly Memorial Trees for Evelyn "Cindy" Frost

March 15 at 5:40 AM





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CW

Carol Watson shared a photo to the **Tribute Wall** album.

So sorry to learn of Cindy's passing. Sending sympathy and condolences to Jim and famil

March 14 at 11:31 PM



WH

Warren Hart posted:

Cindy was a very caring person and a great card player. She was integral part of the Trail's End community. Her many friends will greatly miss her.

March 14 at 6:30 PM

PH

Peggy Hulteen posted:

Jim and family, so sorry to hear of Cindy's passing. This is hard to accept but she is at peace. Cindy Higgins and Peggy Hulteen send our condolences.

March 14 at 4:45 PM

PH

Peggy Hulteen posted:

Jim and family, so sorry to hear of Cindy's passing. This is hard to accept but she is at peace. Cindy Higgins and Peggy Hulteen send our condolences.

March 13 at 9:21 PM



Media

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Betty Gross shared a photo to the **Tribute Wall** album.

March 15 at 5:40 AM





Media

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Carol Watson shared a photo to the **Tribute Wall** album.

March 14 at 11:31 PM





Memories only last if you share them

Join us in honoring Evelyn "Cindy" by contributing to a collection of shared memories.



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